



Front Runners & Walkers San Diego
 P.O. Box 3633 info@frwsd.org
 San Diego, CA 92163 frwsd.org
 (858) 413-7973 facebook/frwsd

Membership

Although you do not have to be a member to run or walk with us, Front Runners & Walkers San Diego membership offers many benefits, including a Membership Directory, access to the Members-Only page on our website, discounts with affiliated partners, discounts on Pride Run and affiliation with USA Track & Field and International Front Runners.

Annual membership is \$25 per year for Individuals and \$40 per year for Households. A Household is two or more members at the same address. The annual membership year runs from October 2017 to September 2018. New memberships and renewals that occur between April 2018 and September 2018 will be prorated at \$12.50 for Individuals and \$20 for Households. If you would like to join Front Runners & Walkers San Diego, please complete and return the membership application.

Privacy

We recognize the varying degrees of personal privacy and discretion needed by our members. Members who desire no mailings and no listing in the Directory may indicate this on the membership application.

Board of Directors

- | | | | |
|------------------------|-------------------|----------------------|-----------------|
| Chair | Andy Kleinke | Membership..... | Khalid Bentaleb |
| Vice Chair | Marc McGrath | Membership..... | Cory Sager |
| Secretary..... | Matt Allen | Member-At-Large..... | Luis Salles |
| Treasurer..... | Brian Summerville | Member-At-Large..... | Ken Pahkim |
| Event Coordinator..... | Steve Nico | | |

Background

Front Runners & Walkers San Diego (FR&WSD) was formed in 1981 and is one of over 100 Front Runner clubs worldwide. The club name comes from Patricia Nell Warren's 1974 novel The Front Runner, about a gay coach and his star athlete.

Our group's primary focus is to provide running and walking activities for lesbians, gay men, and their non-gay family members and friends. We welcome runners and walkers of all abilities, from beginners to experienced athletes.

Activities

We meet every Saturday rain or shine, at 8:00 am at the southeast corner of Sixth and Laurel in Balboa Park. Evening runs and walks start at 6:00 pm on Mondays and Wednesdays at the same location. The Saturday event includes announcements, guided stretching, and a selection of running and walking routes ranging from one to six miles. Afterwards, we share juice, water, and socializing. Many opt to go to breakfast together (and to dinner after the weekday runs).

Every July FR&WSD kicks off San Diego's Pride Parade by hosting a 5K Run along the parade route. The event raises money for LGBTQ charities and is one of the biggest Pride Runs in the US.

**Front Runners & Walkers San Diego
 Membership Application & Directory Information**

Date: _____
 Check one below:
 New Membership Renewal of Membership

Annual Membership Oct. 2017 – Sept. 2018

Individual membership: **\$25.00** = \$ _____
 (complete section 1 below)

Household membership: **\$40.00** = \$ _____
 (complete section 1 and 2 below)

Partial Year Membership April 2018 – Sept 2018

Individual membership: **\$12.50** = \$ _____
 (complete section 1 below)

Household membership: **\$20.00** = \$ _____
 (complete section 1 and 2 below)

Donation = \$ _____

Total enclosed = \$ _____

Please make check payable to "FR&WSD" and send to:
 P.O. Box 3633, San Diego, CA 92163. Thank you.

1 _____

Name: _____

Gender Female Male

Street address: _____

City, State, ZIP: _____

No, do not include a listing in the directory.
 No, do not send mail to this street address.

Telephone: _____

Birthday (mm/dd): _____

E-mail: _____

Interests: Walker Marathon
 Race Walker Short distance
 5k / 10k Long distance
 ½ Marathon Triathlon

2 _____

Name: _____

Gender Female Male

Telephone: _____

Birthday (mm/dd): _____

E-mail: = _____

Interests: Walker Marathon
 Race Walker Short distance
 5k / 10k Long distance
 ½ Marathon Triathlon